## To Parents and School Teachers.

The question now becoming of great interest in the Eastern cities of introducing into the Public Schools Military Instruction and Exercises, is of such importance that it cannot too soon engage the attention of all who feel a deep concern in the proper education of the young on this coast. The system of education pursued in the schools and colleges, as far as the training of the mind for the peaceful avocations of life is concerned, is perhaps all that can be desired; but all classes are now awakening to the truth that something more than an education fitting our young men for peaceful occupations is demanded of the American citizen. The nation is conscious that physical development is as requisite as mental—that the gymnasium is an indispensable apparatus of the school.

Military drill—including bayonet fencing—is fully equal to any gymnastic exercises for the healthful development of the body. The cadence observed in the step, in the manual of arms, in the harmonious formations and movements of the company, tend to make the exercises pleasant. An erect and graceful position of the body while on the march, habits of strict discipline, and obedience to orders; and in bayonet fencing, presence of mind, steady nerves, active limbs, and quick sight, are cultivated as they cannot be in any other way. One of the most successful of our public school teachers attributes the good discipline of his school to the fact of his forming the boys into companies to march about in the school-house yard. The habit thus formed of prompt obedience when spoken to is an invaluable aid to those who have control of the young.

Patriotism, however, affords stronger reasons than those given above. If you would preserve your country's liberties and avoid the evil of an immense standing army, you must encourage an intelligent, well-disciplined, and thoroughly organized citizen soldiery—the only safe republican army. To accomplish these great ends, boys from fourteen to eighteen years of age should have the opportunity to acquire, at a time when it comes easy and natural to them, a taste for and a knowledge of military duties.

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The desire to attract the attention of the public generally to this subject, and the hope of giving an impetus to the movement, has induced the officers and members of the "State Guard" to take suitable steps to form a company of boys, from fourteen to eighteen years of age, to be called the "State Guard Cadets," to be under the sole management of the "State Guard." For rules governing this class we refer you to the next page.

That your boys will be properly instructed, and be guarded from any evil influence while in charge of the officers of the "State Guard," the names here attached will be sufficient guarantee.

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First Sergeant-C. W. WENDTE, at The Bank of California.

Second " JOSEPH WHITTLE, Grainer, Kearny Street.

Third " Josiah Hand, at Griffing's Warehouse.

Fourth " GEO. T. VINCENT, with Mastick & Gray, Attorneys.

Fifth " S. A. FISHER, with Wells, Fargo & Co.

San Francisco, July 4th, 1864.

## EXTRACT FROM THE RULES AND REGULATIONS.

"Any and all members are prohibited the use of intoxicating liquors and vulgar or profane language in or around the armory, or when on drill or parade; violation of this section may be punished at the discretion of the Company."

## RULES GOVERNING THE STATE GUARD CADETS.

## ADOPTED JULY 4TH, 1864.

- 1. There shall be connected with the State Guard, Co. A, First Regiment Infantry, Second Brigade, California Militia, a class for military instruction, to be called the "STATE GUARD CADETS," to which boys from fourteen to eighteen years of age shall be eligible.
- 2. All propositions for membership must be made by active members of the State Guard, giving name, age, and residence, and if posted on the bulletin board in the armory for two weeks without any objection being made to the candidate by an active member, he shall be deemed an elected member of the class.
- 3. Saturday evening of each week, from 7 to  $8\frac{1}{2}$  o'clock, at the armory on Market Street, opposite Dupont, will be devoted to drill, and an absence from two drills in succession, without good cause, will constitute a forfeiture of membership.
- 4. The monthly dues of each Cadet will be twenty-five cents, payable in advance to the Secretary of the State Guard.
- 5. The class, at all drills or parades, will be under command of one of the commissioned officers of the State Guard. All other offices will be filled by members of the class.
- 6. On arriving at the age of eighteen years, members of this class may become active members of the State Guard by signing the Rules and Regulations of the company.

Circular Skull by the State. Grand Cadet.